

Test Taking - Before the Test

- Budget your time, make sure you have sufficient time to study so that you are well prepared for the test.
- Go to review, pay attention to hints that the instructor may give about the test. Take careful notes and ask questions about items you may be confused about.
- Ask the instructor to specify the areas that will be emphasized on the test.
- Make sure you go to the class right before the test; it's another prime time for the instructor to give out more hints or the format of the test.
- Go over any material from practice tests, HW's, sample problems, review material, the textbook, class notes...
- Eat before a test, having food in your stomach will give you energy and help you focus, but avoid heavy foods which can make you groggy.
- Don't try to pull an all nighter, get at least 3 hours of sleep before the test.
- Put the main ideas/information/formulas onto a sheet that can be quickly reviewed many times, this makes it easier to retain the key concepts that will be on the test.
- Try to show up at least 5 minutes before the test will start.
- Set your alarm and have a backup alarm set as well.
- Go to the bathroom before walking into the exam room, you don't want to waste anytime worrying about your bodily needs during the test.